



Borrow - A - Bike

The Nature Center has **NEW** casual cruising bikes! Stop in to test them out through our Borrow-a-Bike program!

Availability is on a first-come first-serve basis. Bikes cannot be reserved in advance.

An adult must be with any child borrowing equipment and must present a valid drivers license. Children 17 and under must wear helmets while riding bicycles per New Jersey State Law.



Save Trees. Reduce Costs.



Log on to www.aclink.org/Parks And sign up for our electronic brochures, flyers, and other notifications.

Bike. Hike. Paddle. Play.
Visit Atlantic County Parks today!

Letters to Santa

Start date: November 23rd
Cutoff date: December 15th

Does your child believe in Santa? Imagine the look on their face when he/she opens a personalized letter from SANTA! All you need to do is have your child write a letter to Santa with the following information included: child's first and last name, child's complete address, boy or girl, age, grade in school, the names of any siblings, best friends, and/or pets, a gift the child would like to ask Santa for and one that they will DEFINITELY be receiving, list a big accomplishment they had this year (example: an 'A' in school), and be sure to also include the parent's name and telephone number somewhere on the letter.

Please come to the Nature Center during office hours (8am-4pm, 7 days a week) starting November 6th to drop off the letter in our "Mailbox to the North Pole." If you are unable to stop in you can mail it to The Nature Center at 109 Route 50 South, Mays Landing, NJ 08330 or email the letter to pleis_kathleen@aclink.org

If you have any questions please call the Nature Center staff at (609) 625-1897.



Atlantic County Executive
Dennis Levinson

Atlantic County Board of Freeholders
Frank D. Formica, Chairman

Atlantic County Parks

Fall Programs 2018



Atlantic County Division of Parks
Atlantic County/Estell Manor
109 State Highway 50
Mays Landing, NJ 08330



Registration: for the following programs is taken on a first-come, first-served basis, and made by calling **The Nature Center** staff at (609) 625-1897 between 8AM - 4PM 7 days a week.

Cancellations: The Division of Parks and Recreation reserves the right to cancel a program if the weather, or other unforeseen circumstance, makes it impossible to carry out a program.

Suggestions for additions to the current programs are always welcome.

THE FOLLOWING PROGRAMS WILL BE HELD AT THE NATURE CENTER IN THE ESTELL MANOR PARK



Little Learners' Craft Class

Fridays, November 16th & December 21st
10 AM and 1 PM

Open to 3-5 year old preschoolers accompanied by an adult. Transform everyday objects into works of art. Time permitting, children will have the opportunity to "show and tell". Specify morning or afternoon session when registering.

Public Orienteering

Saturdays, November 24th & December 15th
11 AM - 3 PM

Are your children learning to read a map in school? Are you interested in learning to use a compass? Put on your hiking boots, pack a trail lunch and head to the Estell Manor Park for a three mile orienteering course through the woods. We provide the instructions, maps and a loaner compass. A basic course for the beginner and an intermediate course for the experienced or more adventurous are offered. Please specify course when registering. Children under 13 must have an adult with them. Standard tick precautions are recommended.

Program is free, but you must register in advance. Please call the Nature Center during office hours (609) 625-1897 or email pleis_kathleen@aclink.org



Nature Center Office: (609) 625-1897
Veterans Cemetery Office: (609) 909-5859
Park System Reservation Office at Lake Lenape
(pavillion/gazebo rental, camping, boating)
(609) 625-8219
Atlantic County Website: www.aclink.org

Join Friends of the Parks

FRIENDS OF THE PARKS, INC.

The goal for Friends of the Parks is to assist the continued growth of the park system, its programs, and to encourage visitors to get involved in all the natural, cultural, and recreational opportunities our parks have to offer.

We rely on interested and enthusiastic people who want to support and promote the Atlantic County Parks. Meetings are usually the first Wednesday of every month 6:30PM at the Warren E. Fox Nature Center in the Estell Manor Park.

To find out more please contact Julie Akers at julieakers56@gmail.com

Ticks can carry disease. As you venture outdoors please take the following precautions:

- Tuck your pant legs into your socks.
- Wear light colored clothing (easier to spot ticks).
- Check yourself frequently during/after a trip outdoors.
- Use insect repellents. Read the product labels carefully.
- Stay on the center of trails and avoid walking through the shrub layer of the forest.

If you require an accommodation related to a disability, please call 10 business days in advance so arrangements can be made: 645-5960. NJ Relay phone # 1-800-852-7899

THE FOLLOWING PROGRAMS WILL BE HELD AT LAKE LENAPE EAST CATERING HALL: 753 Park Road, Mays Landing

Zumba

Tuesdays, November 20th & December 18th
5:30 - 6:30 PM

Get ready to party yourself into shape! These energizing, easy-to-follow, Latin dance moves will burn calories and get you into shape for the spring.



Yoga for Beginners

Wednesdays, November 7th & 14th, December 5th & 12th
9 AM - 10 AM

Teens and Adults

Relax while learning basic Yoga forms and breath work. Participants should dress in loose fitting clothing, casual footwear, and bring water, yoga mat, and towel.

