



#### **Borrow - A - Bike**

The Nature Center has **NEW** casual cruising bikes! Stop in to test them out through our Borrow-a-Bike program!

Availability is on a first-come first-serve basis. Bikes cannot be reserved in advance.

An adult must be with any child borrowing equipment and must present a valid drivers license. Children 17 and under must wear helmets while riding bicycles per New Jersey State Law.



# Log on to www.aclink.org/Parks And sign up for our electronic brochures, flyers, and other notifications. GREEN Bike, Hike, Paddle, Play. Visit Atlantic County Parks today!

#### **Butterfly Garden - ongoing project**

Bees and butterflies play a vital role in the pollination of plants and the production of crops. Sadly, with the increasing use of pesticides and fewer wildflowers growing in prime habitat; bee and monarch butterfly numbers are dropping dramatically. The staff at Estell Manor Park is on a mission to help nurture these wonderful little creatures by constructing our very own Butterfly Garden behind the Warren E. Fox Nature Center!

Discover how you can lend a helping hand in this project! Contact park staff at the Nature Center.



#### **Volunteer Recognition**

Atlantic County Parks would like to thank all of our dedicated volunteers who have assisted with group cleanups, program delivery and support:

Julie Akers, Linda and Carl Farrell, Joan Liepe, Kathy and Drew Weatherby, Paul Quick, Thomas and Joanne Judge, Lynn Maun, Jim Watson, Allen Jackson, William Donath, Diane Williams, Bob Baum, Anne Dowling, Ellen Olsen, Donna Shoemaker, Sandy Walczak, Tony and Kaden Bowen, Cheryl Osolinsky, Mark and Pat Demitroff, Bob Revell, and group volunteers from ACUA, ARC of Atlantic County, Friends of the Park Inc., GEHWA & JORBA

If you'd like to lend us your services, please call (609) 625-1897 or email Witcraft\_Adam@aclink.org





Atlantic County Executive
Dennis Levinson

Atlantic County Board of Freeholders
Frank D. Formica, Chairman





Registration: for the following programs is taken on a first-come, first-served basis, and made by calling The Nature Center staff at (609) 625-1897 between 8AM - 4PM 7 days a week.

Cancellations: The Division of Parks and Recreation reserves the right to cancel a program if the weather, or other unforeseen circumstance, makes it impossible to carry out a program.

Suggestions for additions to the current programs are always welcome.

### THE FOLLOWING PROGRAMS WILL BE HELD AT THE NATURE CENTER IN THE ESTELL MANOR PARK



#### **Little Learners' Craft Class**

Fridays, <del>October 20th,</del> November 17th, December 15th **10 AM and 1 PM** 

Open to 3-5 year old preschoolers accompanied by an adult. Transform everyday objects into works of art. Time permitting, children will have the opportunity to "show and tell". Specify morning or afternoon session when registering.

#### **Public Orienteering**

Saturdays, Nov. 18th, Dec. 16th, Jan. 13th, Feb. 10th 11 AM - 3 PM

Are your children learning to read a map in school? Put on your hiking boots, pack a trail lunch and head to the Estell Manor Park for a three mile orienteering course through the woods. We provide the instructions, maps and a loaner compass. A basic course for the beginner and an intermediate course for the experienced or more adventurous are offered. Please specify course when registering. Children under 13 must have an adult with them. Standard tick precautions are recommended.



Nature Center Office: (609) 625-1897 Veterans Cemetery Office: (609) 909-5859 Park System Reservation Office at Lake Lenape (pavillion/gazebo rental, camping, boating)

(609) 625-8219

Atlantic County Website: www.aclink.org

#### -Letters to Santa

Start date: November 6th Cutoff date: December 2nd

Does your child believe in Santa? Imagine the look on their face when he/she opens a personalized letter from SANTA! All you need to do is have your child write a letter to Santa with the following information included: child's first and last name, child's complete address, boy or girl, age, grade in school, the names of any siblings, best friends, and/or pets, a gift the child would like to ask Santa for and one that they will DEFINITELY be receiving, list a big accomplishment they had this year (example: an 'A' in school), and be sure to also include the parent's name and telephone number somewhere on the letter.

Please come to the Nature Center during office hours (8am-4pm, 7 days a week) starting November 6th to drop off the letter in our "Mailbox to the North Pole." If you are unable to stop in you can mail it to The Nature Center at 109 Route 50 South, Mays Landing, NJ 08330 or email the letter to pleis kathleen@aclink.org

#### All letters MUST be received no later than December 2nd.

If you have any questions please call the Nature Center staff at (609) 625-1897.



## THE FOLLOWING PROGRAMS WILL BE HELD AT LAKE LENAPE EAST CATERING HALL: 753 Park Road, Mays Landing

#### **7**umba

Tuesdays, October 17th, November 21st, & December 19th 5 - 6 PM

Get ready to party yourself into shape! These energizing, easy-to-follow, Latin dance moves will burn calories and get you into shape for the spring.



#### **Yoga for Beginners**

Wednesdays, October <del>18th & 25th</del>, November 15th & 29th, December 6th and 13th

9 AM - 10 AM

Teens and Adults

Relax while learning basic Yoga forms and breath work. Participants should dress in loose fitting clothing, casual footgear, and bring water, yoga mat, and towel.

#### Join Friends of the Parks



The goal for Friends of the Parks is to assist the continued growth of the park system, its programs, and to encourage visitors to get involved in all the natural, cultural, and recreational opportunities our parks have to offer.

We rely on interested and enthusiastic people who want to support and promote the Atlantic County Parks. Meetings are usually the first Wednesday of every month 6:30PM at the Warren E. Fox Nature Center in the Estell Manor Park.

To find out more please contact Julie Akers at julieakers56@gmail.com