



MEADOWVIEW NURSING AND REHABILITATION CENTER POLICY & PROCEDURE

INFECTION PREVENTION AND OUTBREAK MANAGEMENT PLAN DURING NATIONAL/STATE EMERGENCY FOR COVID-19

OBJECTIVE: It is the policy of Meadowview Nursing and Rehabilitation Center to develop a comprehensive Outbreak Management Plan that establishes a facility-wide system for the prevention, surveillance identification, investigation, mitigation and control of infections of residents, staff, associate practitioners and community members.

SCOPE: All Staff, Vendors, Consultants, Volunteers

POLICY:

1. Identify resident with respiratory symptoms, cough, congestion, runny nose, fatigue/malaise, shortness of breath, temperature 2° above resident's baseline, sore throat, muscle or body aches / pains, chills, new loss of taste or smell and / or nausea / vomiting / diarrhea. Symptom observation and identification as per the NJDOH/CDC guidelines.
2. Surveillance of all residents will be obtained as per NJDOH recommendation.
3. If a resident confirmed positive (+) for Covid-19:
 - a. Notify primary care physician (PCP) that the Contagious Respiratory Outbreak Protocol is being initiated as per facility policy.
 - b. Resident will be placed in appropriate Transmission Based Precaution
 - c. Local DOH will be notified of any confirm positive cases.
 - d. Contagious Respiratory Outbreak Protocol will continue until Infection Preventionist Nurse / designee makes recommendation to discontinue the Transmission Based Precautions.
4. Resident classified as Person Under Investigations (PUIs):
 - a. Non-Vaccinated resident Admitted or Readmitted from another facility will remain on the designated quarantine area for 14 days.
 - b. Resident with Covid-19 symptom observed and identified as per the NJDOH/CDC guidelines will be tested for Covid-19.
 - c. If Rapid Covid-19 Ag test conducted was positive, resident will be quarantined as per NJDOH guidelines (Executive Directive NJDOH 5/12/21).
 - d. Contagious Respiratory Outbreak Protocol will continue until Infection Preventionist Nurse / designee makes recommendations.



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5. The In-House Pandemic Committee will meet as needed.
 - a. Committee consists of representatives
 - i. Medical Director
 - ii. Infection Preventionist Nurse
 - iii. Nursing
 - iv. Environmental Services
 - v. Administrator / designee
 - b. Ad Hoc Representatives
 - i. Dietary
 - ii. Social Services
 - iii. Therapy
6. Mandated PPE
 - a. All persons including **vaccinated** staff, vendors, contractors, medical personal, students, volunteers, etc. entering the building must wear a medical grade surgical mask or higher.
 - ~~b.~~ All employees **required to wear protective eyewear as per the NJDOH/CDC guidelines.**
 - c. Only designated Staff / Medical Personal are permitted on the Covid (+) or PUI designated areas. **Visitation to a specific Covid (+) resident or PUI resident as per the NJDOH/CDC guidelines.**
 - i. Staff / Medical Personal must use closed and tied back gowns, gloves, N-95 or higher respirator when working with Covid (+) or PUI residents.
 - d. **New or readmitted asymptomatic resident who are not up to date with their COVI-19 vaccine including boosters will be placed in quarantine and cared for using full PPE. They will receive a Rapid Covid test upon admission and on the fifth (5) day. Quarantine may be discontinued after day 7 if a Covid Rapid test negative and no symptoms.**
7. Encourage all Covid-19 or PUI resident to remain in room. If resident insists on leaving room, they must use a mask. Resident who must be in common areas for safety precautions should maintain social distance from other residents and continue to use a mask. If the resident could



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not tolerate use of the mask, the resident will be encouraged maintain social distance from others and their care plan will be individualized.

8. Remind and assist resident to perform hand hygiene frequently and always when entering / exiting a room.

Building Entrance

1. Visitation during Covid-19 National/State Emergency as per current per the NJDOH/CDC guidelines.
 - a. Visitation can be conducted through different means based on the facility's structure and resident's needs. We will adhere to the CMS Core Principles of Covid-19 Infection Prevention; in addition,
 - b. Meadowview will develop a protocol for visitation.
2. All person entering the building are required to perform hand hygiene, then complete the questionnaire. Their temperature will be taken. Exception: EMT emergency services.
 - a. Notify house supervisor **if elevated temp indicating a fever** and person will be required to exit the building and wait for the supervisor.

Transportation Company

1. Transport aide or Transport Companies will be stopped by the security guard from entering the building when they are not following facility policy. Immediate notification of house supervisor.
 - a. They will be required to perform hand hygiene, complete the questionnaire, wear a mask, and have their temperature taken at the front desk.
 - b. Resident will be required to wear a mask prior to leaving the building.

Communal Dining, Community Activity and Off-Site Excursion

1. Accommodation will be made to resume community activity and communal dining based on NJDOH guidelines, Executive Directive 20-001. Resident will be encouraged to sign-up for each event.



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- a. After sign-up are obtained, Meadowview Nursing and Rehabilitation Center will be able to determine if such event or dining will require all residents to wear a mask.

2. Therapy will be done at bedside level for all confirmed Covid-19 positive (+) residents. Resident quarantine due to admission or readmission can be seen by therapy individually after all non-quarantine residents were treated / evaluated. Appropriate disinfecting will occur between residents.

Environmental Services

1. Confirmed/suspected case in Atlantic County
 - a. Increase of wiping down all guard rails throughout the building with chlorhexidine or 1 to 10 ratio of bleach solution at least twice during dayshift and minimally once after 5pm at the nursing units
 - b. Daily cleaning per resident's room as assigned.

2. Suspected or confirmed case in facility
 - a. One environmental service personnel will be assigned to designated area.
 - b. All surface areas in the hallway will be wiped down twice daily.
 - c. Room cleaning with chlorhexidine or 1 to 10 ratio of bleach solution frequently.
 - d. Hospital grade plastic barrier will be placed in the hallway separating the suspected and confirmed residents of Covid-19 as needed.

Bed Management

1. Designation of beds during pandemic
 - a. A designated area will be assigned for positive Covid-19 residents and PUIs.
 - b. Adjustment to this policy will be done in accordance with NJDOH recommendations

Mass Testing

1. Covid-19 testing of staff and residents will before performed in accordance with NJDOH / CDC as amended and supplemented.
 - a. A resident refused to undergo Covid-19 testing will be treated as a PUI.



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2. Retesting will be performed in accordance with NJDOH / CDC recommendations.
3. Any staff member testing positive or PUI will be excluded from work in accordance with the Local Health Department / CDC guidance.

Admission Screening

1. Continued screen of all potential admissions based on NJDOH guidelines.
 - a. Admissions will be posted on Home Page of PCC with the type of isolation recommended by Infection Control Preventionist/designee. Duration will be disclosed.

Personal Protective Equipment (PPE)

1. Inventory on hand and usage daily report will be submitted NJSN
 - a. Mask, Surgical
 - b. N95 **and/or higher equivalent**
 - c. Mask with face shields/googles
 - d. Gloves

Staff Vaccination Requirements

1. Staffing including Covered workers will be required to receive their primary Covid-19 vaccines including their booster dose when eligible under the timing requirements. The exception will be for approved religious and medical exception. These individuals will be required to submit to required covid swab in accordance with the NJ Department of Health / CDC guidelines.

Discharge From Facility

1. Residents/family members will be encouraged to continue safe practice in the community.
2. The following handouts will be given upon discharge:
 - a. **New Jersey Department of Health: Guidance for Discontinuation of Transmission-Based Precautions and Home Isolation for Patients Diagnosed with COVID-19 UPDATED MARCH 19, 2020** <https://files.constantcontact.com/e1419ee3001/4f0313fc-88e5-498e-a9aa-eab42ebcf522.pdf>

EMERGENCY PLAN

Revised: 12/24/20 KWL/JH; 2/26/21, 3/15/21, 4/22/21 JH, 5/14/21 jh; 11/18/21 jh; 3/3/22



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- b. **Close Contact of confirmed Covid-19 (Updated March 19,2020)**
<https://files.constantcontact.com/e1419ee3001/8ce12392-da2c-4cd0-9507-f13581ac5ef8.pdf>
- c. **How to Protect Yourself & Others (English and Spanish Version)**
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
- d. **10 Ways to Manage Respiratory Symptoms at home**
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf>
- e. **How COVID-19 Spreads (English and Spanish Version)**
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-covid-spreads.html>
- f. **Use of Cloth Face Coverings to Help Slow the Spread of Covid-19**
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>
- g. **Stop the Spread of Germs (English and Spanish Version)**
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs-sp.pdf>

Deceased with Positive/Suspected Covid-19

1. Resident will remain in the designated area, until the funeral home can escort from facility.
2. Resident will be covered with appropriate barrier when leaving the isolation unit to help prevent spread of this virus as per CDC guidelines.

Communication with Family/Resident Representation regarding Covid Updates

1. April to August 2020, all family / resident representatives were receiving daily calls Monday through Friday of their love ones status that were deemed Covid (+) positive.
2. Civic Ready – Posting Methods for resident’s family resident representatives
 - a. Selected mode used will depend on each recipient’s request
 - i. -Voice Mail
 - ii. Text Message
 - iii. Emails
 - b. Able to have attachments sent via email, e.g. Covid-19 Vaccine Consent form from Walgreens and the Emergency Use Authorization (EUA) of the Pfizer-Biontech Covid-19, so families / Resident Representative can make education decision regarding receiving the vaccine.
 - c. Provide updates to Families / Resident Representative of current status at Meadowview Nursing and Rehabilitation Center



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3. Designated phone to be used as the Covid Hotline for Families / Representatives to hear updates regarding current status of Meadowview Nursing and Rehabilitation Center.
 - a. 609-645-6200

References:

Accepting Patients/Residents Discharged from Hospital during COVID-19 Pandemic from NJDOH:
<https://files.constantcontact.com/e1419ee3001/fea45a1e-470e-4b41-9040-322b9c5d511d.pdf>

Letter on Hospital Discharges and Admissions to Post-Acute Care Settings from NJDOH:
<https://files.constantcontact.com/e1419ee3001/83ae500e-e979-4434-a648-a6e35ccd6f41.pdf>