



Fight The Bite



PREVENT TICK-BORNE ILLNESS

KNOW THE FACTS:



Before going out:

- Wear light colored clothing, tuck shirt into pants and pants into socks.
- Wear closed shoes.
- Apply a tick repellent and follow product directions—for children consult your pediatrician.



While Outside:

- Stay in center of trails.
- Avoid low bushes and leafy brush.
- Periodically check clothing and skin for ticks and remove them.



Upon Return:

- Check clothing, skin and hair for ticks.
- Check pets for ticks after each time they are out.
- Promptly remove any ticks carefully with tweezers.



To learn more about tick-borne illnesses call the Atlantic County Division of Public Health at: **609-645-5935** or visit our website: **www.aclink.org/publichealth**



Atlantic County Executive
Dennis Levinson



Board of Chosen Freeholders
Frank Formica, Chairman