



MENTAL HEALTH AWARENESS TRAINING

With the stress and uncertainty in the world right now, learn how you can identify emotional needs and assist those in your community, family, or organization. Mental Health First Aid Training is a National Certification and will be offered virtually.

Please register in advance through link below each date.

Adult Mental Health First Aid - Virtual

When: June 5, 2023 9:00 AM- 4:00 PM Eastern Time (US and Canada)

This is a virtual training. Two hours of digital pre-work is required. This program will provide a general understanding of Mental Health. It provides language and practice to assist participants in supporting staff, colleagues, community members and family. It also focuses on decreasing stigma and increasing self-care.

Register in advance for this meeting:

https://zoom.us/join/joinmeeting/register/tJwceqhrjssGNSH1of-RVL3fA807kYADb_o

Question, Persuade, Refer (QPR) - Virtual

When: June 7, 2023 10:00 AM- 12:00 PM Eastern Time (US and Canada)

This is a virtual training. This program focuses on participants learning skills and language to assist and support an individual who may be in crisis or having suicidal ideations.

Register in advance for this meeting:

https://us02web.zoom.us/joinmeeting/register/tZUsdO6trj8oGNOC3CXDboaPKsAE_Ao410pvK

There is Limited Space for the Training. Your Spot will be confirmed. Please register as soon as possible to have time to complete your expected pre-work (AMHFA).

For More Information on Mental Health First Aid visit

<https://www.mentalhealthfirstaid.org/>

For More Information on QPR visit

<https://qprinstitute.com/>

For More Information on the Atlantic County Municipal Alliance Program visit

<https://www.atlantic-county.org/public-health/alliance.asp>

Adult Mental Health First Aid Training

**Question, Persuade, Refer
(Suicide Prevention)**

**In Collaboration with the
Atlantic County**

Municipal Alliance



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