

Free and Open to all of Atlantic County



September 2017

New Day Family Success Center
622-624 S. New York Road
Galloway, NJ 08205
(609) 652-0230

Sunday Closed	Monday 10am-6pm	Tuesday 10am-8pm	Wednesday 10am-8pm	Thursday 10am-6pm	Friday 10am-6pm	Saturday Varied
	Monthly Garden Time: 4-6pm 				1	2 Community Social 1-2pm 12-3pm
	4 Happy Labor Day! 	5 Cardio Circuit 6:30-7pm Chair Yoga 7-7:30pm	6	7 DADS LET'S LEAD TO GROW & GROW TO LEAD 5-7:30 pm	8 Crochet & Knitting Circle 4-6 pm 	9
	11 Senior Social: Luncheon 1-1:30pm Bingo 1:30-3:00pm	12 Be Debt Free: DIY Soap Making 6-7 pm 	13 Keys to Employment 6-7pm	14 Community Meeting Starts at 5:15pm Kids Activities Available	15 Juicing w/Kids 5-6pm	16 National Play-Doh Day: Haircuts 12-3pm
	18	19	20	21 Garden Closing with Master Gardeners 5-6 pm	22 Kids Paint Night: Elephants 5-6 pm 	23
	25	26 SNAP 10-12pm AmeriKick Presents: Cardio Kickboxing Starts at 6pm 	27 Keys to Employment 6-7pm	28 SNAP 10-12pm	29 What To Expect When You're Expecting 3-6 pm	30



A Program of Family Service Association Funded Through the County of Atlantic by the New Jersey Department of Children and Families



Start a New Day for a Better Tomorrow

September 2017

Daily Garden Time- Interested in gardening? Stop by during our garden time.

Computer Lab- Homework? Job searching? Our computer lab is open during business hours.

Community Meeting – Would you like to be the voice for your community? New Day FSC is looking for community members to help come up with ideas and activities for upcoming events at New Day FSC.

Chair Yoga – Need some peaceful relaxing yoga in your life? This is a 30-minute low intensity session.

Cardio Circuit – Ready to sweat? Come out for a 30-minute workout! Don't forget your water bottle!

Crochet and Knitting Circle –All experience levels are welcome! We have instructor's onsite to help out.

Senior Social – Join us for lunch and some fun with bingo!

Community Social – Join us for some coffee, snacks, and conversation.

Cardio Kickboxing – AmeriKick is partnering with New Day to bring in a great workout.

SNAP – A representative will be on site to answer questions and apply/reapply you for food stamps.

Rosetta Stone – Come learn Spanish or English at your own pace. All skill levels welcome.

Juicing with Kids – Join us to learn how to make your own healthy juices with a juicer and fresh ingredients!

Keys to Employment– Do you need help with your resume or finding a job? Come meet with our employment specialist!

Be Debt Free: Home Goods DIY Soap Making - Come out and learn how to save money by making your own soap at home!

National Play-Doh Day: & Haircuts - Come out and make your own DIY Play-Doh. Also, free haircuts available to all parent and child participants!

Garden Closing – Join us to learn how to prep your garden for the winter with a special guest speaker from Master Gardeners!

Kids Paint Night- Come enjoy our Kids Paint night while we paint an elephant for National Elephant Day!

What to Expect When You're Expecting – Anticipating the day you'll bring your little one home, to picking a name and nursery colors and more. Come out to hear prenatal information.

Dads lets lead to grow & to lead-Calling all fathers to come and learn more about being a great parent for your family.

Volunteering - Volunteers are one of New Day's most valuable assets. Volunteering allows you to invest in your community, increase your personal sense of self-worth and general well-being, gain personal satisfaction and leadership experience, and make an impact within your community. New Day Family Success Center volunteers are of all ages and from different walks of life. Please call for more info.